

Freedom of Choice...

If you are found eligible to receive **ElderChoices**, the **ElderChoices** nurse will read you a list of providers serving your area. YOU choose the agency you want to come to your home. The agencies do not choose you. The **ElderChoices** nurse does not choose for you. YOU choose your providers.

Your right to an appeal...

When you disagree with action taken on your **ElderChoices** case, you may file an appeal. During the appeal process, the decision affecting your **ElderChoices** case will be reviewed. Instructions for filing the appeal are included in the letter mailed to you by the DHS county office.

Want more information?

Call your local DHS county office or the Division of Aging and Adult Services at (501) 682-2441.

If you need this information in an alternative format, such as large print or audiotape, contact our Americans with Disabilities Act Coordinator at (501) 682-2441 or (501) 682-2443 (TDD), or Arkansas Relay at 1-800-285-1121 or 1-800-285-1131 (TDD).

The Arkansas Department of Human Services is in compliance with Titles VI and VII of the Civil Rights Act and is operated, managed and delivers services without regard to age, religion, disability, political affiliation, veteran status, sex, race, color or national origin.

Visit DAAS's website for more details
<http://www.state.ar.us/dhs/aging>

ElderChoices

➤➤➤ Division of Aging and Adult Services



P.O. Box 1437, Slot S530
Little Rock, AR 72203-1437
Tel: (501) 682-2441

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What is ElderChoices?

ElderChoices is a Medicaid program designed for the elderly.

ElderChoices allows for Medicaid reimbursement for certain in-home and community-based services normally not covered by Medicaid.

- ◆ When at risk of nursing home placement, **ElderChoices** offers alternatives.
- ◆ When residing in a nursing facility, **ElderChoices** offers an opportunity to return home.

To qualify for **ElderChoices**, you must:

- ◆ Be age 65 or older
- ◆ Meet nursing home admission criteria at the intermediate level
- ◆ Meet established financial criteria
- ◆ Have a medical need for at least one of the **ElderChoices** services

How to apply...

Contact your local DHS county office.

ElderChoices Services

Homemaker—provides basic upkeep and management of the home. Services include laundry, shopping, errands, simple household tasks and meal preparation.

Chore—includes heavy cleaning and/or yard maintenance **ONLY** in extreme, specific circumstances, when lack of these services would make the home uninhabitable.

Home-Delivered Meals—provides one nutritious home-delivered meal each day to individuals who are homebound, unable to prepare their own meals or have no one to prepare meals for them.

Personal Emergency Response System (PERS)—an in-home, 24-hour electronic alarm system that enables an elderly, homebound person to summon help in an emergency.

Adult Day Care—a group program designed to provide individuals with care, socialization and supervision in a licensed adult day care facility.

Adult Day Health Care—a group program that provides an organized program of continued rehabilitative, therapeutic, supportive health and social services activities, in addition to basic day care.

Respite—provides temporary relief to a primary caregiver who is providing long-term care for individuals in their homes. It may be provided outside the client's home to meet an emergency need or as periodic scheduled relief.

Adult Family Homes—a family living environment for up to three clients who are not related to the provider and who are functionally impaired, incapable of living alone and are at imminent risk of death or serious bodily harm.

Adult Companion—companions assist or supervise clients with tasks, such as meal preparation, laundry, light housekeeping, bathing, eating, dressing and personal hygiene when these services are required in accordance with a therapeutic goal. These services must be essential to the health and welfare of the client and are needed because of the absence of the client's family. Companion services must be furnished outside the timeframe of other waiver services and state plan personal care.