What is ARChoices?

ARChoices is a Medicaid program that includes home and community-based services for adults ages 21 through 64 with a physical disability and seniors age 65 or older.

These services can offer help doing everyday activities that you may no longer be able to do for yourself like bathing, dressing, getting around your home, preparing meals, or doing household chores.

You have choices.

Division of Aging & Adult Services

ARKANSAS DEPARTMENT OF HUMAN SERVICES

PUB-351 (Rev. 01/16)

ARChoices in Homecare

You have choices.

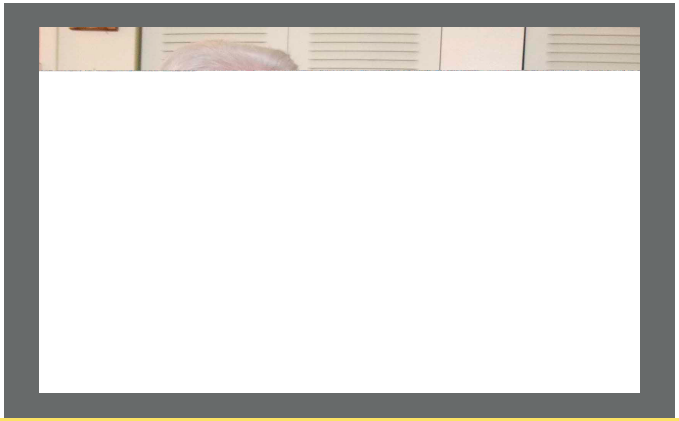
Am I Eligible?

To qualify for ARChoices in Homecare, you must be:

- Age 21 through 64 with a physical disability **OR**
- Age 65 and older.

AND

- Meet established financial criteria.
- Meet nursing home admission criteria at the intermediate level.
- Have a need for at least one of the available services.



What Services are Available?

Attendant Care
When someone helps you do things like get out of bed, take a bath, get dressed, fix and eat meals, or use the bathroom.

Home-Delivered Meals
Nutritious meals that can be delivered fresh each day or frozen for weekends.

Personal Emergency Response System (PERS)
A call button you can use to get help in an emergency.

Adult Day Services
A place that provides supervised care and activities during the day.

Adult Day Health Services
A place that provides skilled nursing, supervised care, and activities during the day.

Facility-Based Respite Care
Short stays in a facility so your caregiver can go on vacation.

In-Home Respite Care
Someone to stay with you in your home for a short time so your caregiver can get some rest.

Environmental Modifications
Changes to your home that will help you get around more easily and safely like grab bars or a wheelchair ramp.

How Do I Apply?

Call your local DHS county office or the Choices in Living Resource Center to explore your choices.

1-866-801-3435