

## Freedom of Choice . . .

If you are found eligible to receive an *ElderChoices* service, the *ElderChoices* nurse will read a list of providers serving your area. **YOU** choose the agency you want to come to your home. The agencies do not choose you. The *ElderChoices* nurse does not choose for you. **YOU** choose your providers.

## Your Right to an Appeal . . .

When you disagree with action taken on your *ElderChoices* case, you may file an appeal. During the appeal process, the decision affecting your *ElderChoices* case will be reviewed. Instructions for filing the appeal are included in the letter mailed to you by the DHS County Office.



## Want More Information?

If you would like more information about the *ElderChoices* Program or have concerns regarding your *ElderChoices* services, please call your local DHS county office or the Division of Aging and Adult Services at 1-501-682-2441 OR Arkansas Relay Service at 1-800-285-1121 (VOICE) OR 1-800-285-1131 (TDD).

If you need this material in an alternative format, such as large print, audiotape, etc., please contact our Americans with Disabilities Coordinator at (501) 682-9992 (VOICE) OR (501) 682-2443 (TDD).

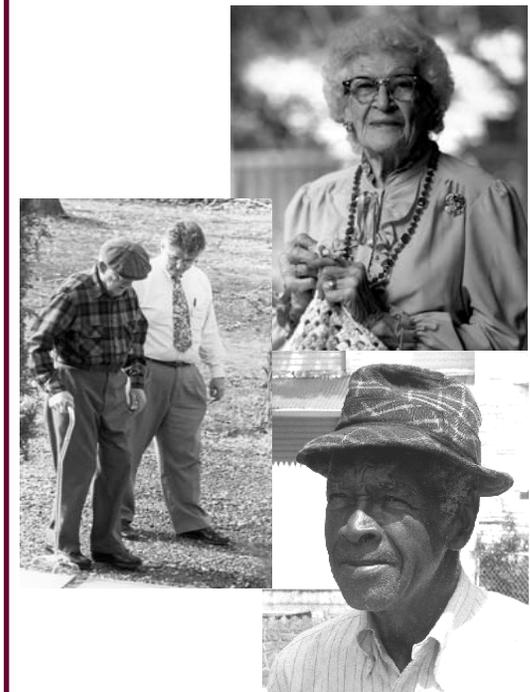
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## ARKANSAS DEPARTMENT OF HUMAN SERVICES

*Division of  
Aging and Adult Services*

## *ElderChoices*



*P. O. Box 1437, Slot S530  
Little Rock, AR 72203-1437*

*(501) 682-2441*

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## What Is ElderChoices?

- ❖ **ElderChoices** is a Medicaid waiver program that was designed specifically for the elderly. Through the **ElderChoices** Program, assistance is made available by allowing Medicaid reimbursement for certain in-home and community-based services that Medicaid normally does not cover.
- ❖ When at risk of nursing home placement, **ElderChoices** offers an alternative.
- ❖ When residing in a nursing facility, **ElderChoices** offers an opportunity to return home.
- ✓ Be 65 years of age or older;
- ✓ Meet nursing home admission criteria at the intermediate level of care;
- ✓ Meet established financial criteria; and
- ✓ Have a medical need for one or more of the **ElderChoices** services.

## How Do I Apply?

You must contact the Department of Human Services (DHS) office in the county where you live.

## ElderChoices Services:

- ◆ **Homemaker** – This service provides basic upkeep and management of the home. Services include laundry, shopping, errands, simple household tasks and meal preparation.
- ◆ **Chore** – This service includes heavy cleaning and/or yard maintenance ONLY in extreme, specific circumstances, when lack of these services would make the home uninhabitable.
- ◆ **Home Delivered Meals** – This service provides one nutritious home-delivered meal each day to individuals who are homebound, unable to prepare their own meal, and have no one to prepare meals for them.
- ◆ **Personal Emergency Response System (PERS)** – PERS is an in-home 24-hour electronic alarm system that enables an elderly homebound person to summon help in the event of an emergency.
- ◆ **Adult Day Care** – A group program designed to provide individuals with care, socialization and supervision in a licensed adult day care facility.
- ◆ **Adult Day Health Care** – A group program that provides an organized program of rehabilitative, therapeutic, supportive health and social services activities on a continuing basis, in addition to basic day care.
- ◆ **Respite** – This service provides temporary relief to a primary caregiver who is providing long term care for individuals in their homes. It may be provided outside the client's home to meet an emergency need or as periodic scheduled relief.
- ◆ **Adult Foster Care** – A family living environment for one or two clients who are functionally impaired, incapable of living alone, and are at imminent risk of death or serious bodily harm.
- ◆ **Adult Companion** – Companions may assist or supervise clients with such tasks as meal preparation, laundry, shopping, light housekeeping, bathing, eating, dressing and personal hygiene when these services are required in accordance with a therapeutic goal and are not purely diversional in nature. These services must be essential to the health and welfare of the client and are needed because of the absence of the client's family. Companion services must be furnished outside the timeframe of other waiver services and state plan personal care.