Choices in Living Resource Center

The Resource Center provides information and assistance about long-term services and support systems with just one call to **866.801.3435**. The Choices in Living Resource Center team will assist consumers in making informed choices about all of the options and services that may be available.

The Resource Center works to minimize confusion and facilitate access to services.

Who should call the Resource Center?

People age 60 and over, adults age 18 and over with disabilities or chronic conditions, caregivers, family members, providers, or anyone with questions about services or individuals planning for future long-term care supports, services and needs. There is no fee for our service.

What services are provided?

You may receive information regarding:

- Options Counseling - Choices you may have for long-term care services and supports
- In-Home Services such as:
    - Personal Care
    - Homemaker Services
    - Home-delivered meals
- Medicaid eligibility
- Support groups
- Home modifications
- Disability resources
- Family caregiver assistance
- Assistive technology
- How to apply for services

What if I have additional questions?

For additional information, you may contact a team member toll-free at **866.801.3435** or by email at **choicesinliving@arkansas.gov.**